

Covering Reflexology of the Feet, Hands, Face, Head, Ears and Spine!

Unlike Western healthcare (which tends to focus on treating one symptom/ailment at a time) reflexology addresses the patient as a whole - paying as much attention to their spiritual and emotional well-being as to their physical health.

Reflexology is a complementary health care system of massage used to relieve tension and treat illness. This training covers the reflex points in the ears, head, face, back, hands and feet, enabling you to access all the parts of the body and treating the patients entire system.

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THE TRAINING CENTER OF WELLBEING

ADVANCED REFLEXOLOGY
TRAINING BROCHURE





CURRICULUM

Codes of conduct and the law
Responsibilities
The professional practitioner
Listening skills
Holistic research
Business management
Anatomy and Physiology
Pathologies
Contraindications
Client Consultation
Therapy Evaluation
Client Aftercare
Reflexology of the Feet
Reflexology of the Hands
Reflexology of the Head, Face and Ears
Reflexology of the Spine
Assessment of Skin and Nails
Health, Hygiene and Safety
Case Studies
CPD

ABOUT THE COURSE

Pre-requisite: Completion of the 2 day Essentials of Reflexology Training course
Duration of training: 12 months
Cost: £799
Independent Learning Hours: 240
Case Studies: 6 with 2 follow ups on each

MORE INFORMATION

There is a requirement for advanced anatomy and physiology knowledge for this course and this course is equivalent to a level 4 educational standard. We recommend that you have a minimum of GCSE in English and Maths, and a basic IT knowledge to cope with the academic requirements of this course. You will need internet access and a computer. Upon successful completion of all the elements, you are able to use the letters Dip.ARP after your name (Diploma in Advanced Reflexology Practice).

WHATS INCLUDED?

Your training includes:
Full printed manual, classroom sessions, support with case studies, online learning platform, workbook and free e-resources.

IS THIS COURSE FOR YOU?

You must attend all classroom sessions and student clinics. This course requires considerable commitment to home study as well as completion of ongoing assessments and case studies. Reflexology is a rewarding career and a sought after holistic therapy.

Accredited by the Complementary Medicine Association