

4 WEEKLY VIRTUAL CLASSROOM SESSIONS

586hz blood circulation fork healing tuning fork. The frequency of the circulation fork is used to stimulate the flow of blood to areas of the body. Arthritis is a prime example of poor circulation in the joints. Once the flow of blood is returned to the damaged areas it will start to heal its self. The circulation forks frequency works on diabetes and other diseases, as well. The circulation of blood refers to its continual flow from the heart, through branching arteries, to reach and traverse the microscopic vessels in all parts of the body, reconverging in the veins and returning to the heart, to flow thence through the lungs and back to the heart to start the circuit again. This uninterrupted movement of the blood is necessary to maintain the supply of oxygen from the lungs and nutrients from the gut, as well as for the distribution of hormones. • relieve stiffness and pain • increased oxygen flow to joints • increase blood circulation to your body



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