

The four elements of western culture are: EARTH, AIR, FIRE, and WATER. These four elements were believed to be essential to life.



Each organism has its own vibratory rate. Every object in the universe has its own unique resonant frequency.

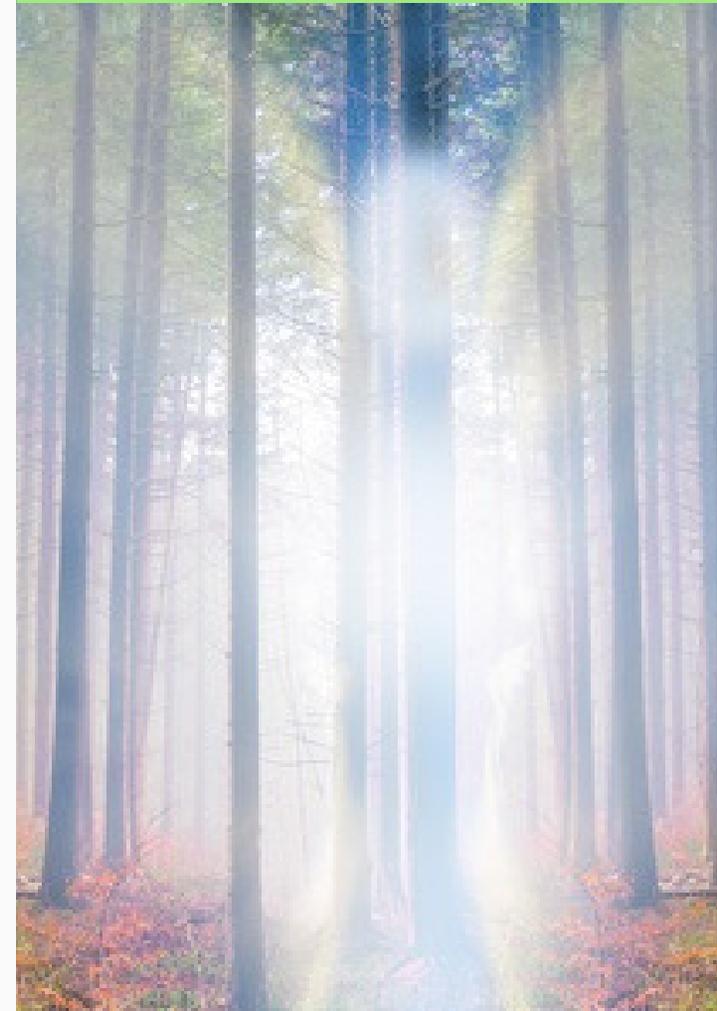
Everything in Nature is Vibrating

## CONTACT US

41 Owston Road, Carcroft,  
Doncaster, South Yorkshire,  
DN6 8DA  
07539033778  
enquiries@centrewellbeing.  
co.uk  
[www.centrewellbeing.co.uk](http://www.centrewellbeing.co.uk)

# THE TRAINING CENTER OF WELLBEING

THE FREQUENCY OF  
ELEMENTAL REIKI™ TRAINING  
BROCHURE





# CURRICULUM

Codes of conduct and the law

Basic Body Systems

Listening Skills

Tuning Forks

Elemental Meditations

How we hear sound

The science of sound

The History of the five elements

The Four Elements

The Elemental Tuning Fork

Technique

Single forks and their associations

Symbols

Group Healing

Distance Healing

Contraindications

Self healing

Client Consultation

Business Management

Case studies & Research

## ABOUT THE COURSE

Pre-requisite: None

Duration of training: 2 Day

Cost: £350

Independent Learning Hours: 20

Case Studies: 3 with 2 follow ups

## MORE INFORMATION

This is a combination therapy, where you are attuned to nature's elemental vibrations and channel these frequencies to use alone or alongside the associated tuning forks. This course contains a multitude of techniques to use in group, self or one to one healing sessions.

## IS THIS COURSE FOR YOU?

This course is ideal for the practitioner who is new to tuning forks or for a new practitioner. Our students vary from those who have used tuning forks for self healing to those who are experienced Reiki therapists and sound therapists who are expanding their services to offer clients. Many of our students are interested in the elements and nature based healing.

## WHATS INCLUDED?

Your training includes:

Full printed manual, classroom sessions, support with case studies, a set of 8 harmonic tuning forks and the Ohm tuning fork

Accredited by the Complementary Medicine Association